



Canadian Skeleton Inter-Provincial Program
Selection Process & Criteria
2011-2012

The following document outlines the process that the Canadian Inter-Provincial Skeleton Program will follow in selecting the best / most qualified athletes for the Inter-Provincial Team for the 2011/12 competitive season. This Selection Process has been designed, with the support of Bobsleigh Canada Skeleton (BCS), to develop athletes in preparation for the upcoming 2012 Youth Olympic Games, and to sustain World Junior, World Championship, and Olympic Champions through to the 2018 Olympic Winter Games and beyond.

For the 2011-12 competitive season, the Inter-Provincial Program will utilize a Selection Race Series consisting of two (2) x two (2) run races in Calgary, AB for team selection. The first race will identify (via National Skeleton Program – Selection Criteria) those athletes that will continue forward to the National Skeleton Program Selection Races. These athletes will also be granted a position on the 2011-12 Inter-Provincial Team should they not qualify for the National Team Program at the conclusion on the National Selection Process.

Athletes must earn their eligibility to try-out for the Inter-Provincial Team by completing the Push Analysis from the Inter-Provincial Development Camp #3. Points will not be awarded for the Push Analysis. Results from the camp will be used by the IP Selection Committee when applying Coach's Discretion to selection decisions. For those athletes invited to compete in the National Skeleton Program Selection Races, please refer to the National Skeleton Program Selection Criteria for protocols and performance requirements. The document can be viewed on the BCS website.

Team & Program Clarifications/Definitions

The 2011-2012 Inter-Provincial Team

The 2011-2012 Inter-Provincial Team will consist of athletes who qualify to compete in the America's Cup Races 1-7, have competed in the NSP Selection Races, or competed in both of the Inter-Provincial Selection Races. The team may be populated to a maximum of 20 athletes. Selection to this team will be based on Coach's Discretion. Please review the Coach's Discretion definition on page 4 of this document for clarity.

The 2011-2012 Inter-Provincial Development Team

The 2011-2012 Inter-Provincial Development Team will consist of athletes whom have participated in a Skeleton School under the direction of Bobsleigh Canada Skeleton (BCS), Alberta Skeleton Association (ASA), Ontario Bobsleigh & Skeleton Association (OBSA) or British Columbia Bobsleigh & Skeleton Association (BCBSA). This team will not consist of former Inter-Provincial Team athletes whom participated in the selection races and were not selected as part of the Inter-Provincial Team.

The 2011-2012 Inter-Provincial Program

Those athletes who are part of the 2011-2012 Inter-Provincial and Inter-Provincial Development Teams commencing from the 2011-2012 Team Announcement until the 2012-2013 Team Announcement.



Canadian Skeleton Inter-Provincial Program
Selection Process & Criteria
2011-2012



SELECTION PROCESS

Eligibility for Inter-Provincial Team Selection

- Athletes having participated in the Inter-Provincial Selection Race(s), unless authorized by the respective PSO Development Coordinators and/or Head Coaches, and/or BCS National Development Coordinator.
- Athletes have shown a commitment to the Inter-Provincial Program through attendance at Inter-Provincial Development Camps, team meetings or any other expected participation event as determined by ASA and/or BCS.
- Athlete aligns within the Long Term Athlete Development Model as determined by BCS.
- Athlete's physical performance, health and well-being must be in a state of progression as a whole.
- Athletes must be members in good standing of a recognized BCS club and/or provincial association.
- Athletes must have a valid passport.
- Athletes must be eligible for a Canadian FIBT license.
- Athletes must have parental consent if under the age of 18 at the time of the Selection Race(s).
- Athletes must sign an Inter-Provincial Program (ASA) and/or BCS 2011-12 Athlete Agreement prior to participating in any FIBT sanctioned event (Including any and all FIBT races).
- No athlete will be entered into an international competition for the Inter-Provincial Program or BCS with positive results from anti-doping testing.
- Athlete must have completed the Push Analysis.
- Athletes must be a minimum of 16 years of age on or before the start date of the first America's Cup Race of the 2011-12 Season.
- Athletes whom have been released from or taken leave of absence from the Inter-Provincial Program in the past may be eligible for 2011-12 Team Selection based on Coach's Discretion.

Inter-Provincial Development Camp #3 / Physical Analysis Camp

During the Inter-Provincial Development Camp #3, athletes will be required to perform a Push Analysis. The Push Analysis will be open to all athletes whom have obtained a skeleton sliding license. The Push Analysis will not require that a minimum standard be met prior to invitation to the Inter-Provincial Selection Race(s). The Push Analysis will be conducted to determine physical readiness. Athletes must perform the Icehouse Push Analysis in order to compete in the Inter-Provincial Selection Race(s). The Icehouse Push Analysis will consist of 2 maximal effort push starts from the "0" block position. **If an athlete is not able to attend the Push Analysis, it is the athlete's responsibility to re-schedule their Push Analysis at the convenience of the ASA Development Coordinator and/or Head Coach or the BCS National Development Coordinator no later than the date of October 1, 2011.**



Canadian Skeleton Inter-Provincial Program
Selection Process & Criteria
2011-2012

Inter-Provincial Team Selection Races

The Inter-Provincial Selection Race(s) will be conducted in accordance with FIBT rules (where applicable), with any modifications to the Selection Race Rules announced at the pre-race meeting(s)/draw(s). Athletes are responsible for representing themselves at these meetings.

- Race draws for the races will be held following the final training runs.
- All equipment must conform to the FIBT regulations (as per 2011-12 FIBT Rules) in force and pass the appropriate technical inspections. All athletes choosing to use equipment that does not conform to FIBT regulations will be allowed to participate but will not be eligible for selection to America's Cup Races 1 through 6, or invitation to the National Skeleton Program – Selection Races.
- Specific race protocols will be announced at the race draw, to reflect the known race conditions (times, weather).
- Technical protests must be verbally made to a jury member within five minutes of the race ending, and must be submitted in writing within twenty minutes of the race conclusion, along with a \$100.00CAD protest fee.

Inter-Provincial Selection Race #1 - Calgary, AB / National Selection Race #1 (October 20th, 2011)

This race will be used to determine those athletes that will be eligible to compete in the National Skeleton Program (NSP) Selection Races 2 & 3. These positions will be determined by Coach's Discretion and the NSP Selection Criteria. The NSP Selection Criteria can be viewed on the BCS website. All athletes from this race will be eligible to compete in the Inter-Provincial Selection Race #2. All athletes chosen to compete in the NSP Selection Races 2 & 3 will automatically be granted positions on the 2011-12 Inter-Provincial Team.

Inter-Provincial Selection Race #2 (October 29th, 2011)

This race will be used to determine those athletes that may be eligible to fill remaining 2011-2012 Inter-Provincial Team positions.

Inter-Provincial Selection Races - Combined Point Scoring Clarification

The combination of both races, using the 2010-11 FIBT World Cup/World Championship point scoring system, provided that a new 2011-12 FIBT points scoring system is not in place by the day before the first selection race, will determine those athletes that will populate the remaining Inter-Provincial Team positions. Both selection races will be weighted at 50% each. All athletes that are chosen to compete in the National Selection Process (NSP) will have their ranks removed from Inter-Provincial Selection Race #1 when calculating the final 2-race total for the remaining athletes. For example, if "athlete A" finishes in 1st place in Race #1 and is then asked to participate in the NSP and "athlete B" finishes in 2nd place in Race #1 but is not asked to participate in the NSP, then "athlete B" will be awarded the equivalent points of 1st place rank while the next highest ranking non-NSP athlete will move up to 2nd place point totals.



Canadian Skeleton Inter-Provincial Program
Selection Process & Criteria
2011-2012

Inter-Provincial Program & America's Cup

Event teams will consist of the respective number of members for which Canada has qualified, as determined by the 2010-11 FIBT season point totals. For the 2011-12 Season, Canada has qualified the following number of athletes to compete per international competition.

AMERICA'S CUP RACE QUOTA: 4 Men / 4 Women

Coach's Discretion

Results from the Push Analysis, the Inter-Provincial Selection Race results, a strong emphasis on the Skeleton Long-Term Athlete Development Model and various subjective measures (including but not limited to attitude, participation, team dynamics, future potential) will be used to form an athlete's evaluation. The IP Selection Committee is responsible for determining what constitutes Coach's Discretion.

Inter-Provincial Program (IPP) Selection Committee

The IPP Selection Committee may include the respective PSO Development Coordinators and/or Head Coaches, BCS National Development Coordinator, BCS Skeleton High Performance Director, BCS Skeleton Head Coach & the BCS Starts & Strength Coach.

2011-2012 INTER-PROVINCIAL PROGRAM - AMERICA'S CUP SELECTION CRITERIA

The **America's Cup Races** may consist of the maximum of four (4) Men and four (4) Women per race as per FIBT allowed quotas. Consideration for an America's Cup Race will be given to athletes who have been named to the Inter-Provincial Team. Consideration for America's Cup Races 7 & 8 will also be granted to members of the Inter-Provincial Development Team.



Canadian Skeleton Inter-Provincial Program
Selection Process & Criteria
2011-2012



AMERICA'S CUP RACES 2011-2012:*

America's Cup Team – Park City, Utah – Races 1 & 2

- Athletes whom have competed in the National Selection Process but have not made a National Program Team will be given first priority to compete in these 2 races.
- All remaining spots for this race will be allocated to the highest ranking athletes from the Inter-Provincial Selection Process.
- All athletes chosen to compete in these races shall be notified no later than 11:59pm on Sunday, October 30th, 2011.

America's Cup Team – Calgary, Alberta – Race 3 & 4

- Athletes whom have competed in the National Selection Process but have not made a National Program Team will be given first priority to compete in these races.
- All remaining spots for these races will be chosen by the IPP Selection Committee.
- All athletes chosen to compete in these races shall be notified no later than 11:59pm on Friday, November 11th, 2011.

America's Cup Team – Lake Placid, New York – Races 5 & 6

- All athletes whom did not compete in Park City Races 1 & 2 but were the next highest ranked in the Inter-Provincial Selection Races Process may be given first priority to compete in these races.
- All remaining spots for these races will be chosen by the IPP Selection Committee.
- All athletes chosen to compete in these races shall be notified no later than 11:59pm on Monday, November 21st, 2011.

America's Cup Team – Lake Placid, New York – Races 7 & 8

- All male and female athletes on the 2011-2012 Inter-Provincial Team may be eligible to be chosen to compete in this race.
- Athletes who are part of the 2011-2012 Inter-Provincial Development Team may be eligible to be chosen to compete in this race.
- Athletes whom attend the 2011-2012 Lake Placid Skeleton School may be eligible to be chosen to compete in this race.
- All athletes chosen to compete in these races shall be notified no later than 11:59pm on March 17th, 2012

* All team selection decisions are based on Coach's Discretion.



Canadian Skeleton Inter-Provincial Program
Selection Process & Criteria
2011-2012



APPENDIX A – ATHLETE FEES

All athletes that are chosen for the 2010-2011 Inter-Provincial Team will be required to pay the indicated fees. These fees are inclusive of the following:

Inter-Provincial Team Fee: \$2200*

Due: Friday, November 04th, 2011

Athlete Fee Inclusions:

- 1yr BNTC Membership (as organized by ASA)
- Icehouse Training (as scheduled by ASA)
- On-ice Training (as schedule by ASA)
- On-Ice Coaching & Instruction
- Any Video review sessions
- Scheduled team track walks
- Athlete educational seminars
- Inter-Provincial Selection Race(s) Entry
- ASA Cup Race Series Entry
- ASA Provincial Championships Entry

Athlete Fee Exclusions:

- Equipment – Athletes are responsible for obtaining and maintaining their own equipment
- Junior World Championship Expenses (when applicable)

Expenses for additional training trips and skeleton schools will be determined at a later date.

America's Cup Race Fee: TBD based on ASA board approval

Due: Prior to participation in the official training sessions for that America's Cup Race(s)

America's Cup Race Fee Inclusions:

- Competition expenses (as arranged by ASA)
- Air/ground travel to competitions and official training
- Race expenses (paid training and race fees)
- Accommodations

America's Cup Race Fee Exclusions:

- Food expenses (where applicable)
- Training & Competition Expense incurred outside of ASA organized events or FIBT competition
- Baggage or over-weight fees
- FIBT Jury fines or athlete protest fees

Competition race suits and competition runners may be provided to athletes who participate in any America's Cup race in the 2011-2012 season.

* - Subject to change