



Canadian Skeleton Slide 2018 Program
Selection Process & Criteria
2010-2011

The following document outlines the process that the Canadian Slide 2018 Skeleton Program will follow in selecting the best / most qualified athletes for the Inter-Provincial Team for the 2010/11 competitive season. This Selection Process has been designed, with the support of Bobsleigh Canada Skeleton (BCS), to develop athletes in preparation for the upcoming 2012 Youth Olympic Games, and to sustain World Junior, World Championship, and Olympic Championships through to the 2018 Olympic Winter Games and beyond.

For the 2010/11 competitive season, the Slide 2018 Program will utilize a Selection Race Series consisting of two (2) x two (2) run races in Calgary, AB for team selection. The first race will identify (via National Skeleton Program – Selection Criteria) those athletes that will continue forward to the National Skeleton Program Selection Races, and athletes that will be eligible to compete in an America's Cup Race(s). The combination of both races will determine those athletes that will populate the remaining Inter-Provincial Team positions.

Athletes must earn their eligibility to try-out for the Inter-Provincial Team by completing the Push Analysis from the Inter-Provincial Development Camp #3. Points will not be awarded for the Push Analysis. Results from the camp will be used by the IP Selection Committee when applying Coach's Discretion to selection decisions. For those athletes invited to compete in the National Skeleton Program Selection Races, please refer to the National Skeleton Program Selection Criteria for protocols and performance requirements. The document can be viewed on the BCS website.

Team & Program Clarifications/Definitions

The 2010-2011 Inter-Provincial Team

The 2010-2011 Inter-Provincial Team will consist of athletes who qualified to compete in the America's Cup Races 1-7, have competed in the NSP Selection Races, or competed in both of the Inter-Provincial Selection Races. The team may be populated to a maximum of 20 athletes. Selection to this team will be based on Coach's Discretion. Please review the Coach's Discretion definition on page 3 of this document for clarity.

The 2010-2011 Inter-Provincial Development Team

The 2010-2011 Inter-Provincial Development Team will consist of athletes whom have participated in a 2010 Skeleton School under the direction of Bobsleigh Canada Skeleton (BCS), Alberta Skeleton Association (ASA), Ontario Bobsleigh & Skeleton Association (OBSA) or British Columbia Bobsleigh & Skeleton Association (BCBSA). The team will not consist of athletes who participate in the 2010-2011 Inter-Provincial Selection Race(s) but are not selected for the Inter-Provincial Team.

The 2010-2011 Slide 2018 Program

Those athletes who are part of the 2010-2011 Inter-Provincial and Inter-Provincial Development Teams.



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SELECTION PROCESS

Eligibility for Inter-Provincial Team Selection

- Athletes having participated in the Inter-Provincial Selection Race, unless authorized by the respective PSO Development Coordinators and/or Head Coaches, and/or BCS National Development Coordinator.
- Returning Europa Cup, America's Cup and Slide 2014 Athletes that have shown a commitment to the Inter-Provincial Program through attendance at Inter-Provincial Development Camps, team meetings or any other expected participation event as determined by ASA and/or BCS.
- Athlete aligns within the Long Term Athlete Development Model as determined by BCS.
- Athlete's physical performance, health and well-being must be in a state of progression as a whole.
- Athletes must be members in good standing of a recognized BCS club and/or provincial association.
- Athletes must have a valid passport.
- Athletes must be eligible for a Canadian FIBT license.
- Athletes must have parental consent if under the age of 18 at the time of the Selection Race(s).
- Athletes must sign a Slide 2018 (ASA) and/or BCS 2010-11 Athlete Agreement prior to participating in any FIBT sanctioned event (Including any and all FIBT races).
- No athlete will be entered into an international competition for the Slide 2018 Program or BCS with positive results from anti-doping testing.
- Athlete must have completed the Push Analysis.

Inter-Provincial Development Camp #3 / Physical Analysis Camp

During the Inter-Provincial Development Camp #3, athletes will be required to perform a Push Analysis. The Push Analysis will not require that a minimum standard be met prior to invitation to the Inter-Provincial Selection Race(s). The Push Analysis will be conducted to determine physical readiness. Athletes must perform the Icehouse Push Analysis in order to compete in the Inter-Provincial Selection Race(s). The Icehouse Push Analysis will consist of 2 maximal effort push starts from the "0" block position. **If an athlete is not able to attend the Inter-Provincial Development Camp #3 therefore not able to participate in the Push Analysis, it is the athlete's responsibility to re-schedule their Push Analysis at the convenience of the ASA Development Coordinator and/or Head Coach or the BCS National Development Coordinator no later than the date of October 10, 2010.**

Inter-Provincial Selection Race(s)

The Inter-Provincial Selection Race(s) will be conducted in accordance with FIBT rules (where applicable), with any modifications to the Selection Race Rules announced at the pre-race meeting(s)/draw(s). Athletes are responsible for representing themselves at these meetings.

- Race draws for the races will be held following the final training runs.
- All equipment must conform to the FIBT regulations (as per 2010 FIBT Rules) in force and pass the appropriate technical inspections. All athletes choosing to use equipment that does not conform to FIBT regulations will be allowed to participate but will not be eligible for selection to any 2010 America's Cup Races or invitation to the National Skeleton Program – Selection Races.
- Specific race protocols will be announced at the race draw, to reflect the known race conditions (times, weather).
- Technical protests must be verbally made to a jury member within five minutes of the race ending, and must be submitted in writing within twenty minutes of the race conclusion, along with a \$100.00CAD protest fee.



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Inter-Provincial Selection Race #1 - Calgary, AB (October 31st, 2010)

This race will be used to determine those athletes that will be eligible to compete in the National Skeleton Program (NSP) Selection Races, those that will populate the available positions for the first two (2) America's Cup Races in Park City, Utah on November 10th & 11th, 2010, and those that will compete in the Inter-Provincial Selection Race #2. These positions will be determined by Coach's Discretion and the NSP Selection Criteria. The NSP Selection Criteria can be viewed on the BCS website.

**Inter-Provincial Selection Race #2 / National Skeleton Program – Selection Race #1 / Canadian Championships
Calgary, AB (November 6th, 2010)**

In relation to the National Skeleton Program Selection Race #1, athletes will be evaluated by NSP staff during this race and may be invited to compete as part of the National Skeleton Program (NSP). All eligible athletes will be participating under the rules and regulations of the NSP Selection Criteria.

In relation to the Inter-Provincial Selection Race #2, this race will be used to determine those athletes that may be eligible to fill remaining 2010-2011 Inter-Provincial Team positions.

Those athletes that have been selected to compete in the America's Cup Races in Park City, Utah on November 10th & 11th, 2010 will not be competing in this race due to scheduling conflicts but may be eligible to slide in any of the Official Training Runs for this race. Such athletes may be considered as successful members of the Inter-Provincial Team.

Slide 2018 Program & America's Cup

Teams will consist of the respective number of members for which Canada has qualified for, as determined by the 2009-10 FIBT season points totals. For the 2010-11 Season, Canada has qualified the following number of athletes to compete per international competition.

Slide 2018 Program

AMERICA'S CUP TEAM: 4 Men / 4 Women

Coach's Discretion

Results from the Push Analysis, the Inter-Provincial Selection Race results, a strong emphasis on the Skeleton Long-Term Athlete Development Model and various subjective measures (including but not limited to attitude, participation, team dynamics, future potential) will be used to form an athlete's evaluation. The IP Selection Committee is responsible for determining what constitutes Coach's Discretion.

Inter-Provincial (IP) Selection Committee

The IP Selection Committee may include the respective PSO Development Coordinators and/or Head Coaches, BCS National Development Coordinator, BCS Skeleton High Performance Director, BCS Skeleton Head Coach & the BCS Starts & Strength Coach.



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2010-2011 SLIDE 2018 PROGRAM - AMERICA'S CUP SELECTION CRITERIA

The **America's Cup Team** may consist of the maximum of four (4) Men and four (4) Women per race as per FIBT allowed quotas. Consideration for the America's Cup Team will be given to athletes who have participated in the Inter-Provincial Selection Race(s) and meet the following criteria:

AMERICA'S CUP TEAM 2010-2011: RACES 1, 2 & 3*

America's Cup Team – Park City, Utah – Races 1 & 2

- 4 male and 4 female athletes that have competed in the Inter-Provincial Selection Race #1 and have not been invited to compete in the NSP Selection Races or the Inter-Provincial Selection Race #2.
- The athletes that will compete in these two (2) races will be chosen by the IP Selection Committee and notified no later than 11:59pm, November 1st, 2010.

America's Cup Team – Calgary, Alberta – Race 3

- Those athletes that competed in the NSP Selection Races and are not competing on any of the NSP teams will have first priority to compete in this race. Any remaining positions will be filled based on Coach's Discretion.
- The athletes that will compete in this race will be chosen by the IP Selection Committee and notified no later than 11:59pm, November 15th, 2010.

*All team selection decisions are based on Coach's Discretion.

AMERICA'S CUP TEAM 2010-2011: RACES 4, 5, 6, 7 & 8*

America's Cup Team – Lake Placid, New York – Races 4 & 5

- All male and female athletes that competed in 2010-11 America's Cup Races 1, 2 & 3 may be eligible to be chosen to compete in any of these races.
- Any athlete that has competed for the NSP in the first half of the 2010-11 season may be eligible to be chosen to compete in any of these races.
- The 4 men and 4 women eligible to compete in America's Cup races 4 & 5 commencing in Lake Placid, New York on January 13 & 14th, 2011 will be chosen by the IP Selection Committee no later than 11:59pm, December 13, 2010.

America's Cup Team – Calgary, Alberta – Races 6 & 7

- The 4 men and 4 women eligible to compete in America's Cup races 6 & 7 commencing in Calgary, Alberta on January 24th & 25, 2011 will be chosen by the IP Selection Committee no later than 11:59pm, January 15, 2011.

America's Cup Team – Lake Placid, New York – Race 8

- All male and female athletes on the 2010-2011 Inter-Provincial Team may be eligible to be chosen to compete in this race.
- Athletes who are part of the 2010-2011 Inter-Provincial Development Team may be eligible to be chosen to compete in this race.

* All team selection decisions are based on Coach's Discretion.



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APPENDIX A – ATHLETE FEES

All athletes that are chosen for the 2010-2011 Inter-Provincial Team will be required to pay the indicated fees. These fees are inclusive of the following:

Inter-Provincial Team Fee: \$2200

Due: Monday, November 15th, 2010

Athlete Fee Inclusions:

- 1yr BNTC Membership (as organized by ASA)
- Icehouse Training (as scheduled by ASA)
- On-ice Training (as schedule by ASA)
- On-Ice Coaching & Instruction
- Video review sessions
- Scheduled team track walks
- Athlete educational seminars
- Inter-Provincial Selection Race(s) Entry
- ASA Cup Race Series Entry
- ASA Provincial Championships Entry

Athlete Fee Exclusions:

- Equipment – Athletes are responsible for obtaining and maintaining their own equipment
- Junior World Championship Expenses (when applicable)

Expenses for additional training trips to North American tracks will be determined at a later date.

America's Cup Race Fee: TBD based on ASA board approval

Due: Prior to participation in the official training sessions for that America's Cup Race(s)

America's Cup Race Fee Inclusions:

- Competition expenses (as arranged by ASA)
- Air/ground travel to competitions and official training
- Race expenses (paid training and race fees)
- Accommodations

America's Cup Race Fee Exclusions:

- Food expenses
- Training & Competition Expense incurred outside of ASA organized events or FIBT competition
- Baggage or over-weight fees
- FIBT Jury fines or athlete protest fees

Competition race suits may be provided to athletes who participate in any America's Cup race in the 2010-2011 season.